

# NH LASTING MEDICAL WEIGHT LOSS

OVERCOMING BIOCHEMICAL AND TOXIC RESISTANCE



## THE NEXT HEALTH WAY

- Reduce inflammation
- Turn off insulin resistance
- Burn fat
- Raise metabolism
- Optimize body composition

**3 MONTH PROGRAM**

## WHAT'S INCLUDED IN THE PACKAGE...

### DATA COLLECTION

- Food inflammation test
- Intracellular vitamin analysis
- Markers for insulin resistance, inflammation, fatty liver, liver toxicity and toxic fat
- Advanced cardiac test
- Central artery pressure

### RISK ASSESSMENT

- Gut health
- Liver health
- Immune health
- Healthy fat
- Toxic fat
- Heart health
- Diabetes risk
- Blood vessel health

### PROTOCOLS

- Meal plan based on blood test
- Organ-specific vitamins
- Targeted IV vitamin infusion
- Peptide cell signals molecules
- Detox infusion
- Immune boosting injections

## HOW WE GET YOU THERE...

**PRIME + RESET**

MONTH 1

**REPROGRAM + REGENERATE**

MONTH 2

**REPAIR**

MONTH 3



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NOTE: Exact therapies and services are subject to change based upon your specific needs, which are determined by labs and Dr. Habib's recommendations