



# Hyperbaric Oxygen Therapy (HBOT)

## STIMULATE, REJUVENATE & REVERSE AGING!

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### Overview

Hyperbaric oxygen therapy involves breathing pure oxygen in a pressurized chamber. Your blood then carries this oxygen throughout your body. This helps fight bacteria and stimulates the release of substances called growth factors and stem cells, which promote healing. Hyperbaric oxygen therapy has been a well-established treatment for decompression sickness, a hazard of scuba diving, but has become extremely popular and effective in treating other conditions & has anti-aging benefits.

### Benefits

- Stimulates new blood vessel growth & increases blood flow.
- Elevates the body's natural immune defenses to fight infection and bacteria.
- Stem cell proliferation.
- Mitochondrial detox.
- Stimulates nerve cell growth.
- Reduces swelling that may occur around damaged areas.
- Speeds up healing by increasing tissue oxygen levels to areas in the body where they are reduced due to injury or illness.
- Reverses aging by destroying old cells and increasing the number of red blood cells, which will increase the oxygen flow to the cells and tissues.

- Helps with inflammation and iron absorption.
- Helps with recovery and repair after surgery/sports injuries.
- Helps athletes gain an advantage in performance and recovery.
- Provides relief from chronic fatigue, fibromyalgia and migraines.

### May Help These Conditions

- Skin or bone infection.
- Non-healing wounds, such as a diabetic foot ulcer.
- Inflammation of blood vessels due to excessive smoking.
- Decompression sickness.
- Burns.
- Gas gangrene.
- Chronic inflammation.
- Sports injuries.
- Any other condition where there is a decrease in blood flow.

### The Research

- <https://www.hyperbaricexperts.com/latest-research>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3495382>
- <https://www.sciencedaily.com/releases/2020/11/201120150728.htm>