



Liver Detoxification ELIMINATE TOXINS & IMPROVE YOUR QUALITY OF LIFE!

Schedule a Consultation Today!

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Overview

Next Health's Detoxification Program focuses principally on the liver. Detoxification is a natural way for the body to eliminate toxins that have been accumulated and is a must for a healthy lifestyle! While the principle organ is the liver, additional benefits are observed for the kidneys, skin, colon and lungs.

Benefits

- Eliminates toxins
- Improves overall health
- Helps with weight loss
- Reduces the need for prescription medications
- Improves immune function
- Improves hormone function
- Increases energy
- Curbs food cravings/addiction
- Tempers mood swings

Targeted Therapy

- Step 1: Thorough analysis of multiple organs & genomic testing.
- Step 2: Address abnormal mutations and replace deficiencies.
- Step 3: IV vitamin infusions to optimize the elimination of toxins while boosting the immune system.

Who is a Good Candidate?

- Weight gain, brain fog or low energy
- Chronic inflammation
- Conditions such as fatty liver or hormonal imbalances
- Digestive issues such as chronic constipation, bloating or abdominal cramps
- Skin and joint issues

General Protocols

- Drink a minimum of 8 to 10 cups of water each day.
- Cut a fresh lemon into pieces and place them in lukewarm water first thing in the morning. This drink serves as a natural detoxification for the body. One can add a small amount of raw honey for additional flavor and other health benefits.
- Incorporate a plant-based vegan diet with plenty of cruciferous vegetables such as kale and broccoli. These have high antioxidant properties that help with detoxification.
- Moderate exercise at least 3 times per week.
- Relax in a far infrared sauna, which is a gentle, soothing therapeutic heat that improves sleep and stimulates a deep-tissue sweat, leaving you fully refreshed after each session.